



WHAT'S NEW AT ABCF?



Foster Gratitude Through ABCF

Thanksgiving is not only a great time to reflect on the blessings in your own life, but also to spread gratitude among others. Because of our generous supporters, ABCF gets to witness this cycle of gratitude nearly every day.

Imagine the thankfulness of someone who felt a lump and was only able to get it checked because ABCF covered the cost of the mammogram. If you'd like to be a part of spreading this kind of gratitude, please consider a gift to ABCF today or on Giving Tuesday.

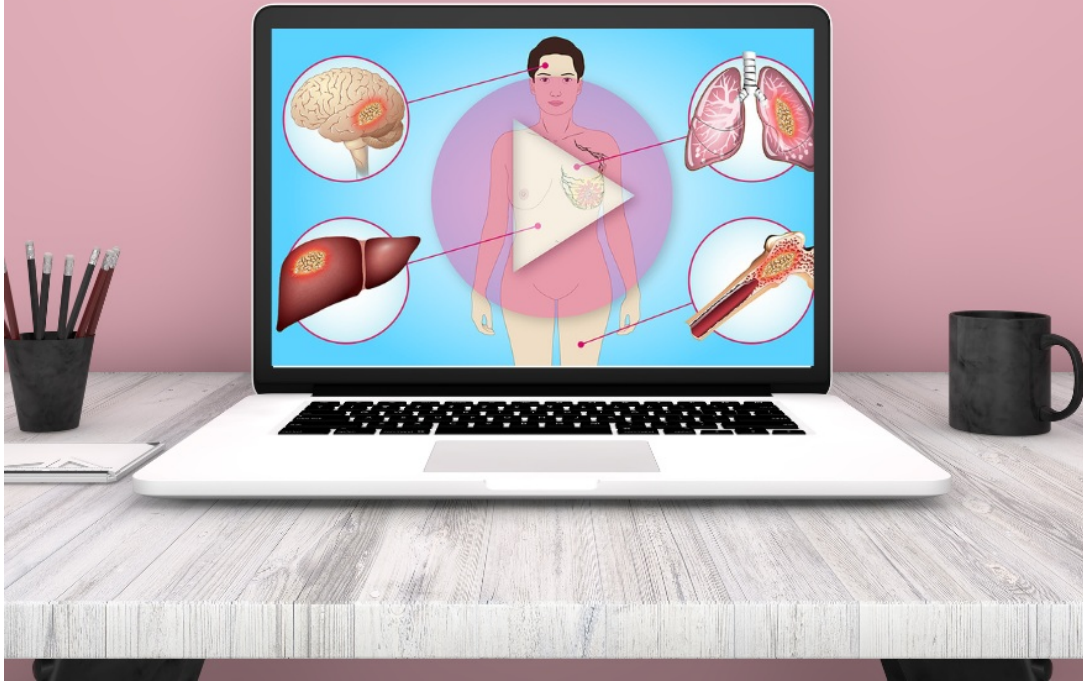
Give Today



Show Your Support Through Sweets

Longtime ABCF supporter, Gregorio's Trattoria has generously offered to donate \$1 of every dessert sold throughout November at any of their three locations to support those we serve. Whether you order their delicious Cannoli, Tiramisu, Double Chocolate-Chocolate Cake, or Flourless Chocolate Cake, you'll be rewarding your taste buds and making a difference. With your help, we hope to raise \$10,000 this month! If you live in the Maryland/Virginia area, please visit one of their locations this month and indulge in dessert.

Find Location



Stay Informed with Our Animated Patient Series

Be sure to check out ABCF's Animated Patient series! Easy-to-understand animations and videos explain various breast cancer topics, including risk factors, screenings, diagnosis, treatment, and living well with metastatic breast cancer.

This innovative resource was developed in partnership with Animated Patient, with a grant from Pfizer. We hope that this will become the first stop for people of all ages who want to learn more about this prevalent disease.

[Learn More](#)



Put the Fun in Fundraising

No matter what you enjoy in your free time – baking, painting, running, or dancing – odds are there is a way to turn it into a fundraiser. ABCF makes doing so easy with ideas, toolkits, and a user-friendly online program that helps you easily set goals, get people to join you, and more. For yourself, a civic group, or your company – turn what you like to do into “doing good” for others today!

[Get Ideas](#)

Fact of the Month



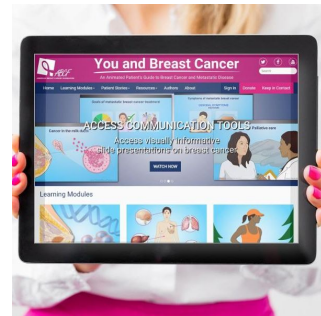
On average, every 2 minutes
a woman in the United States
is diagnosed
with breast cancer.



GET HELP



FUNDRAISING



EDUCATION

(410) 730-5105

www.abcf.org

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